

P195

**Prolonged use of the neurokinin receptor antagonist
aprepitant in the management of refractory severe
diabetic gastroparesis**

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Our patient had an 11 year history of poorly controlled Type 1 diabetes. She had stable diabetic retinopathy, but had previously required laser treatment. Between 2004 and 2006 she was admitted 14 times with diabetic ketoacidosis secondary to intractable vomiting, spending a total of over a year in hospital. She was transferred to this institution where her glucose control was optimised, but she continued to vomit. Proton pump inhibitors – metoclopramide and low dose erythromycin – did not help. She was treated with combinations of intravenous, oral or subcutaneous antiemetics using dopamine, and 5HT₃ receptor antagonists, as well as antihistamines. On this regime she was kept out of hospital for almost a year. However, in late 2007 she was readmitted with ketoacidosis. This time she was started on a subcutaneous insulin pump and percutaneous jejunal feeding. Despite this and her continuing intravenous antiemetics and prokinetic agents, her vomiting continued. She was given octreotide, a subcutaneous somatostatin analogue, to reduce her gastric secretions and had pyloric botulinum toxin to increase gastric outlet – all to no avail. In February 2008 she was started on aprepitant, a neurokinin receptor antagonist licensed for 3 days for post-chemotherapy vomiting. She stopped vomiting within 24 h. She remained on this drug until June 2008 without vomiting remaining out of hospital. She subsequently had a gastric pacemaker fitted and aprepitant withdrawn. Her HbA_{1c} is the best it has ever been at 6.7% (< 7%). This is the first report of aprepitant being used for this length of time.