

# The Diabetes Annual Review

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# The Annual Review

- Done in conjunction with the multidisciplinary diabetes team
- If in doubt – ask!
- Yearly

# The Annual Review - Basics

- Height and weight
- Urinalysis
  - ACR
  - MSU
- Blood pressure

# The Annual Review - Bloods

- HbA<sub>1c</sub>, U&E's, LFT's, (sometimes TFT's and anti TTG)
- Lipid profile (TC, HDL, LDL – sometimes TG)

# The Annual Review

- Things to do
  - Look at their blood glucose readings (if they do them)
  - Ask about hypos
  - Ask about driving
  - Ask about compliance with medications
  - Ask men about ED
  - Ask if they want to stop smoking
  - Ask if they want to see a nurse or a dietician

# The Annual Review - Examination

- Feet
  - Nails, callous, pulses, sensation
- Injection sites
- Eyes



# The Annual Review

Any Questions?